

In this packet you will  
find:

1. Self-Insured Injury  
Report form  
(ARFIE)
2. Medical Release of  
Information  
Authorization
3. Workers'  
Compensation and  
Injury  
Identification Card
4. First Fill Pharmacy  
Card
5. MEDCO-14  
Physicians Report  
of Workability
6. Medical Provider  
Locations

# Franklin County Injury Packet

## What happens if I'm injured at work?

1. Immediately notify your supervisor and seek medical treatment if necessary.
2. Complete the enclosed **Accident Report (ARFIE)** as soon as possible and send to Risk Management via email [Risk@franklincountyohio.gov](mailto:Risk@franklincountyohio.gov) or by fax to 614-525-5715.
3. Fax the **Authorization to Furnish Medical Records and Disclose Professional and Personal Information** form to Sedgwick, CMS at 614-658-0901.
4. Refer to your Injury Packet for a list of **BWC Certified medical providers** and a **Helios First fill Pharmacy** card to cover any prescription purchases you need.
5. If you are seeking medical treatment, take your **Workers' Compensation Identification card** (included in packet) to all appointments. This card explains billing procedures and will minimize potential billing issues.
6. Please contact Risk Management with any questions you may have.  
**Jerry Bower, Risk Manager** 614-525-4642  
**Jenell Williams, Business Service Officer** 614-525-6629

*\*In emergency cases, notify your supervisor and seek treatment immediately\**

## What happens if my employee is injured at work?

1. Complete the supervisor section of the **Accident Report (ARFIE)**. In case of severely disabling (life or death) traumatic injuries that require immediate hospitalization or if the employee is incapacitated, the supervisor shall complete the Accident Report (ARFIE) on behalf of the injured employee with as much information as possible and transmit it to Risk Management.
2. Send end completed forms to Risk Management via **Fax 614-525-5715** or **Email [Risk@franklincountyohio.gov](mailto:Risk@franklincountyohio.gov)**

***All workplace deaths must be reported to the Public Employers' Risk Reduction Program (PERRP) at 1-800-671-6858 within 24 hours.***



**FRANKLIN COUNTY RISK MANAGEMENT SELF-INSURED  
Accident Report Form for INJURED EMPLOYEES (ARFIE)**

AGENCY:	FRANKLIN COUNTY SI RISK NO. <b>20005728</b>	MUNIS Org:
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**Injured employee information**

EMPLOYEE NAME:	SOCIAL SECURITY NO:	HIRE DATE: MM/YY	
HOME ADDRESS:	HOME or CELL PHONE:	AGE:	Date of Birth
CITY, COUNTY, STATE, ZIP CODE	WORK PHONE:	JOB TITLE:	

**Accident information to be completed by injured person**

SPECIFIC LOCATION WHERE ACCIDENT OR INJURY OCCURED:	DATE OF INJURY:	Time of Injury: _____ am/pm
DID ACCIDENT/INJURY OCCUR ON COUNTY PROPERTY? Yes <input type="checkbox"/> No <input type="checkbox"/>	DATE REPORTED:	WORK SHIFT:
JOB DUTIES BEING PERFORMED AT TIME OF INJURY:	SUPERVISOR'S NAME:	
DID INJURED PARTY RETURN TO WORK? Yes <input type="checkbox"/> No <input type="checkbox"/> Date: _____	WAS MEDICAL TREATMENT SOUGHT? YES <input type="checkbox"/> NO <input type="checkbox"/>	SUPERVISOR'S PHONE NO.
DESCRIBE ACCIDENT: In your own words, explain in detail how accident occurred [Use additional blank pages if necessary].		

INJURED BODY PART(S) (example: left arm, right index finger, upper left thigh)

1 \_\_\_\_\_ 4 \_\_\_\_\_  
 2 \_\_\_\_\_ 5 \_\_\_\_\_  
 3 \_\_\_\_\_ 6 \_\_\_\_\_

Employee Signature #1: I certify that the information on this injury report is true and complete to the best of my knowledge.

\_\_\_\_\_  
 Employee Signature Date

Employee Signature #2: This is my description of the accident. As provided by Section 4123.651-c of the Ohio Revised Code, I hereby permit the release of all relevant medical information, records and reports, relative to the issues necessary for the administration of my workers' compensation claim to the Industrial Commission, the Ohio Bureau of Workers' Compensation, the employer and its authorized representatives.

\_\_\_\_\_  
 Employee Signature Date

Email completed form to [risk@franklincountyohio.gov](mailto:risk@franklincountyohio.gov) or fax to (614) 525-5715

**FRANKLIN COUNTY RISK MANAGEMENT SELF-INSURED  
Accident Report Form for INJURED EMPLOYEES (ARFIE)**

**ACCIDENT INFORMATION COMPLETED BY INJURED WORKER AND/OR SUPERVISOR**

1. Was medical attention sought for the injury(s) sustained? Yes  No

If yes, list the doctor and/or the medical provider:

Doctor or Medical Provider :	Telephone:		
Address	City:	State:	Zip Code:

2. Did any other person witness the accident or injury? Yes  No   
If yes, list their name(s) below:

a. \_\_\_\_\_ b. \_\_\_\_\_  
b. \_\_\_\_\_ d. \_\_\_\_\_

3. Was more than one person injured in this accident? Yes  No   
If yes, list their name(s) below:

a. \_\_\_\_\_ b. \_\_\_\_\_  
c. \_\_\_\_\_ d. \_\_\_\_\_

4. Was any workplace machinery/equipment involved? Yes  No

If yes, list here:

Manufacturer:	Model:
Has equipment been modified? Yes <input type="checkbox"/> No <input type="checkbox"/> Do not know <input type="checkbox"/>	If yes, what was modified?

5. Was the injury caused by any outside contractor(s) or repair company(s)? Yes  No

If yes, please provide the following:

<b>Name of Firm</b>	<b>Address of Firm</b>	<b>City, State, Zip</b>	<b>Telephone No.</b>
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**FRANKLIN COUNTY RISK MANAGEMENT SELF-INSURED  
Accident Report Form for INJURED EMPLOYEES (ARFIE)**

6. Was this injury the result of an automobile accident? Yes  No   
**If you answered yes to Question 6, you are required to provide a copy of the local police auto accident report.**

If you answered yes to Question 6, were you cited for any moving violation(s)? Yes  No

If yes, list the violation(s)

**Once the employee fills out his/her portion of this report, the report should be forwarded to the Supervisor for completion.**

**Supervisor's Section:** The Supervisor should review the accident report and the details of the accident as submitted by the employee. The Supervisor should provide relevant information including additional details, witness name(s), comments and/or dispute any or all of the injured party's statements or description of the accident in the space provided below. Attach additional pages if necessary.

**Supervisor's Statement:** As supervisor of the injured employer, I have reviewed this accident report and my comments are included above/attached.

<b>Supervisor's Name &amp; Signature:</b>	<b>Date:</b>
<b>Work Email Address:</b>	<b>Supervisor's Work Phone/Cell #:</b>

<b>Sent to Risk Management by:</b>	<b>Date Sent:</b>	<b>Method Sent:</b> Fax <input type="checkbox"/> Email <input type="checkbox"/> Other <input type="checkbox"/> _____
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**AUTHORIZATION TO FURNISH MEDICAL RECORDS  
AND DISCLOSE PROFESSIONAL AND PERSONAL INFORMATION**

**List the providers you are authorizing on the following page.**

Name: \_\_\_\_\_ Date of injury: \_\_\_\_\_

SSN: \_\_\_\_\_ Address: \_\_\_\_\_

DOB: \_\_\_\_\_ City, State, Zip Code \_\_\_\_\_

**TO WHOM IT MAY CONCERN:**

I, \_\_\_\_\_, hereby authorize you and/or any other hospital, medical institution, doctor or medical practitioner, insurance company, pharmacy, school board, employer, U.S. Defense Department, Veteran's Administration, Social Security Administration, or any agency of any state, county or municipality, or employee of any of the above or any provider who has given me medical and/or psychological treatment, to furnish and release to the Office of the Franklin County Commissioners, or any of its authorized representatives or agents, any and all reports, records, files, and information pertaining to treatment of injuries sustained on date above.

This Authorization includes, but is not limited to, x-ray films, x-ray reports, pathology slides, tissue blocks, nurses' notes, diagnostic testing results, emergency room records and bills for services and applies from the past fifteen years from the date of this signed release to the present. This Authorization also applies to files and information regarding alcohol, drug and psychiatric/psychological reports, records, HIV test result, AIDS and AIDS related conditions. The sole purpose of this release is to further the administration of a workers' compensation claim(s) by my employer.

I waive and release the attached list of sources or facilities from any restriction imposed by law thereof, in disclosing any record, observation, diagnosis or communication to the Franklin County Commissioners or any of its authorized representatives or agents. I understand and agree that the information I have authorized to be released is exempt from the privacy requirements of the Health Information Portability and Accountability Act (HIPAA), pursuant to 45 CFR §164.512(e) and (l).

This Authorization is valid for five years from date hereof. I understand that I may revoke this authorization at any time except to the extent that action based on this authorization has been taken. I understand that a copy of this Authorization shall serve in lieu of the original.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Employee Signature

**Please remit Medical records to: Sedgwick, CMS  
P.O. Box 14661  
Lexington, KY 40512-4661  
Fax 614.658.0901**

**LIST OF PROVIDERS AUTHORIZED TO FURNISH MEDICAL RECORDS  
AND DISCLOSE PROFESSIONAL AND PERSONAL INFORMATION**

1. Provider's Name: \_\_\_\_\_  
Provider's Address: \_\_\_\_\_  
Provider's Telephone: \_\_\_\_\_  
Date last treated: \_\_\_\_\_
2. Provider's Name: \_\_\_\_\_  
Provider's Address: \_\_\_\_\_  
Provider's Telephone: \_\_\_\_\_  
Date last treated: \_\_\_\_\_
3. Provider's Name: \_\_\_\_\_  
Provider's Address: \_\_\_\_\_  
Provider's Telephone: \_\_\_\_\_  
Date last treated: \_\_\_\_\_
4. Provider's Name: \_\_\_\_\_  
Provider's Address: \_\_\_\_\_  
Provider's Telephone: \_\_\_\_\_  
Date last treated: \_\_\_\_\_
5. Provider's Name: \_\_\_\_\_  
Provider's Address: \_\_\_\_\_  
Provider's Telephone: \_\_\_\_\_  
Date last treated: \_\_\_\_\_
6. Provider's Name: \_\_\_\_\_  
Provider's Address: \_\_\_\_\_  
Provider's Telephone: \_\_\_\_\_  
Date last treated: \_\_\_\_\_

**Attach additional sheets if necessary**

## **Workers' Compensation and Injury Identification Card**

*Employer Risk number 20005728-0*

***Attention Provider:***

***Fax all information within 24 hours of visit to:***

***Sedgwick 614-658-0901***

*Send bills to:*

*SedgwickCMS*

*P.O Box 14661*

*Lexington, Kentucky 40512-4661*

*Customer Service (Claims Adjuster) 1-800-267-4001*

*Fax 614-658-0901*

Injured worker name			Claim number
Date of injury	Date of last appointment/examination	Date of this appointment/examination	Date of next appointment/examination

**MEDCO-14 submission (Select one of the options below.)**

1  I have never completed a MEDCO-14. Proceed to section 2.  
 I have previously completed a MEDCO-14, and all of the information remains the same. Proceed to and complete section 8.  
 I have previously completed a MEDCO-14, and I am providing updates appropriately checking Yes or No on each section.

**Employment/Occupation (Complete this section and proceed to section 3.)** (Updates Yes  No )

2 Have you reviewed the description of the injured worker's job held on the date of injury (former position of employment)? Yes  No   
 If yes - please indicate who (select all sources) provided the job description  Injured worker  Employer  MCO  BWC

**Work status/Injured worker's capabilities** (Updates Yes  No )

3A Does the injured worker have any physical or health restrictions related to allowed conditions in the claim? Yes  No   
 If yes, are the restrictions:  Permanent  Temporary Proceed to section 3B.  
 If no, please check the box to indicate the injured worker is released to work as of the date of this exam  Proceed to section 8.

3B If there are restrictions, can the injured worker return to the full duties of his/her job held on the date of injury (former position of employment)? Yes  No   
 If yes, please check the box to indicate that the injured worker is released to work as of the date of this exam.  Proceed to section 8.  
 If no, please indicate when the injured worker could not do the job held on the date of injury for this period of restricted duty.  
 Date: \_\_\_/\_\_\_/\_\_\_.  
 Please estimate when the injured worker should be able to return to the job held on the date of injury for this period of restricted duty.  
 Date: \_\_\_/\_\_\_/\_\_\_ Proceed to section 3C.

Please indicate which of the activities listed below the injured worker can perform (even if the response to 3B is No.)  
 If the injured worker is not released to the former position of employment but may return to available and appropriate work with restrictions, please indicate the possible return to work date: \_\_\_/\_\_\_/\_\_\_.  
 The injured worker can perform simple grasping with:  Left hand  Right hand  Both  
 The injured worker can perform repetitive wrist motion with:  Left hand  Right hand  Both  
 The injured worker's dominant hand is:  Left  Right  
 The injured worker can perform repetitive actions to operate foot controls or motor vehicles with:  Left foot  Right foot  Both  
 If the injured worker is taking prescribed medications for the allowed conditions in this claim, can the injured worker safely:  
 \*Operate heavy machinery:  Yes  No \*Drive:  Yes  No \*Perform other critical job tasks as defined by any source listed above in section 2:  Yes  No

Please indicate the following: N=Never, O=Occasionally, F=Frequently, C=Continuously					Lifting/carrying				Pushing/pulling				
Activity	N	O	F	C	Activity	N	O	F	C	N	O	F	C
Bend					Reach above shoulder					0 - 10 lbs.			
Squat/kneel					Type keyboard					11 - 20 lbs.			
Twist/turn					Work with cold substances					21 - 40 lbs.			
Climb					Work with hot substances					41 - 60 lbs.			
										41 - 60 lbs.			
										61 - 100 lbs.			
										100 + lbs.			

3C How many total hours can the injured worker work: \_\_\_ per week \_\_\_ per day?  
 In an eight-hour workday, how many total hours can the injured worker: Sit: \_\_\_ hours  Continuously  With break  
 Walk: \_\_\_ hours  Continuously  With break Stand: \_\_\_ hours  Continuously  With break  
 Does the injured worker have any functional restrictions based only on allowed psychological conditions?  Yes  No If Yes, please describe in space provided below. Note: If Yes is indicated please reference the MEDCO-16 as needed.  
 Additionally, in this space, please provide any additional information addressing the injured worker's capabilities and/or job accommodations which may not be addressed above.

Injured worker name		Claim number	Date of injury
Disability information (if 3B above is "NO" or dates updated - all 4A fields, including site/location if applicable must be completed)			(Updates Yes <input type="checkbox"/> No <input type="checkbox"/> )
Complete the chart below and furnish the narrative description of the diagnosis(es), site/location, if applicable, and International Classification of Diseases (ICD) code(s) for the condition(s) being treated due to the work-related injury/disease. Please indicate if the condition is preventing the injured worker from returning to job duties he/she held on the date of injury.			
4A	Narrative description of the work-related allowed condition	Site/location if applicable	ICD code
			Is the condition preventing full duty release to the job injured worker held on the date of injury? Yes <input type="checkbox"/> No <input type="checkbox"/>
			Yes <input type="checkbox"/> No <input type="checkbox"/>
			Yes <input type="checkbox"/> No <input type="checkbox"/>
			Yes <input type="checkbox"/> No <input type="checkbox"/>
4B	List all other relevant conditions that impact treatment of the conditions listed above (e.g., co-morbidities or not yet allowed conditions).		
Clinical findings: You can reference office notes in lieu of writing clinical findings below.			(Updates Yes <input type="checkbox"/> No <input type="checkbox"/> )
5	The injured worker is progressing: <input type="checkbox"/> As expected <input type="checkbox"/> Better than expected <input type="checkbox"/> Slower than expected Provide your clinical and objective findings supporting your medical opinion outlined on this form. List barriers to return to work and reason, for the injured worker's delay in recovery.		
Maximum medical improvement (MMI)			(Updates Yes <input type="checkbox"/> No <input type="checkbox"/> )
6	MMI is a treatment plateau (static or well-stabilized) at which no fundamental functional or physiological change can be expected within reasonable medical probability, in spite of continuing medical or rehabilitative procedures. Has the work-related injury(s) or occupational disease reached MMI based on the definition above? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, give MMI date: ____/____/____. If no, please provide the proposed treatment plan, including estimated duration of each treatment (attach additional sheet if necessary).		
Note: An injured worker may need supportive treatment to maintain his or her level of function after reaching MMI. Thus, periodic medical treatment may still be requested and provided.			
Vocational rehabilitation			(Updates Yes <input type="checkbox"/> No <input type="checkbox"/> )
7	Vocational rehabilitation is an individualized and voluntary program for an eligible injured worker who needs assistance in safely returning to work or in retaining employment. This program can be tailored around an injured worker's restrictions and may provide job seeking skills or necessary retraining. Is the injured worker a candidate for vocational rehabilitation services focusing on return to work? Yes <input type="checkbox"/> No <input type="checkbox"/> If no, please explain why and provide your recommendations to help the injured worker return to employment.		
Treating physician signature - mandatory			
I certify the information on this form is correct to the best of my knowledge. I am aware that any person who knowingly makes a false statement, misrepresentation, concealment of fact or any other act of fraud to obtain payment as provided by BWC, or who knowingly accepts payment to which that person is not entitled, is subject to felony criminal prosecution and may be punished, under appropriate criminal provisions, by a fine or imprisonment or both.			
8	Treating physician's name (please print legibly)		Address, city, state, nine-digit ZIP code
	Treating physician's signature		
	BWC provider (Peach) number	Date	Telephone number
			Fax number

MEDCO-14

**HELIOS** | P.O. Box 152539  
Tampa, FL 33684-2539

**MAKING IT EASY...**  
**TO GET WORKERS' COMPENSATION PRESCRIPTIONS FILLED.**

Helios has been chosen to manage your workers' compensation pharmacy benefits for your employer or their insurer. Below is your First Fill card that will allow you to receive your injury-related prescriptions at your local pharmacy. Please fill out the card based on the instructions below.

**Injured Employee:**

-  If you need a prescription filled for a work-related injury or illness, go to a Helios Tmesys network pharmacy. Give this temporary card to the pharmacist. The pharmacist will fill your prescription at low or no cost to you.
-  If your workers' compensation claim is accepted, you will receive a more permanent pharmacy card in the mail. Please use that card for other work-related injury or illness prescriptions.
-  Most pharmacies, including Walgreens, our preferred provider, and all major chains, are included in the network. To find a network pharmacy call 866.599.5426 or visit [www.tmesys.com](http://www.tmesys.com) and click on "Pharmacy Locator."

**Questions? Need Help?**

 **866.599.5426**

<b>tmesys</b> <sup>®</sup>	
Sedgwick <small>CARRIER/TPA</small>	Franklin County B.O.C <small>EMPLOYER</small>
INJURED WORKER NAME	
SOCIAL SECURITY NUMBER	DATE OF INJURY (YYMMDD)
<small><b>Notice to Cardholder:</b> Present this card to the pharmacy to receive medication for your work-related injury. To locate a pharmacy: <a href="http://www.tmesys.com/pharmacy-locator">www.tmesys.com/pharmacy-locator</a> Download Free Mobile App: <a href="http://www.tmesys.com/MyWorkComp">www.tmesys.com/MyWorkComp</a></small>	
<b>HELIOS</b>	

**Attention Pharmacists:** Enter RxBIN, RxPCN, and GROUP. Member ID # format is the date of injury, and SSN combined as follows: YYMMDD123456789.  
Tmesys is the designated PBM for this patient.

**Tmesys Pharmacy**  
**Help Desk 800.964.2531**

	<u>NDC</u>		<u>Envoy</u>
RxBIN	004261	or	002538
RxPCN	CAL	or	Envoy Acct. #
GROUP			

**HELIOS**

*NOTE: This First Fill card is only valid for your workers' compensation injury or illness.*



**tmesys**<sup>®</sup>

IMP14-1511-01



**Downtown**

WorkHealth Downtown  
895 W. 3<sup>rd</sup> Ave.  
Columbus, Ohio 43212  
614-566-9191  
Mon-Fri 7:30am -4:30pm

OhioHealth Urgent Care-Victorian Village  
1132 Hunter Ave  
Columbus, Ohio 43201  
614-544-0822  
Mon-Fri 9am-7pm Sat-Sun 9am-5pm

**North**

WorkHealth North  
300 Polaris Parkway  
Westerville, Ohio 43082  
614-566-9675  
Mon-Fri 7:30am-4:30pm

AccessMD Urgent Care-Clintonville  
4400 North High Street  
Columbus, Ohio 43214  
614-263-4400  
Mon-Fri 9am-7:30pm Sat-Sun 9am-5pm

OhioHealth Urgent Care-Dublin  
6905 Hospital Drive  
Dublin, Ohio 43016  
614-923-0300  
Mon-Sun 9am-9pm

**East**

Mt. Carmel Urgent Care  
6435 East Broad Street  
Columbus, Ohio 43213  
614-355-8150  
Mon-Fri 9am-9pm  
Sat-Sun 9am-6pm

OhioHealth Urgent Care-Gahanna  
5610 North Hamilton Road  
Columbus, Ohio 43230  
614-775-9870  
Mon-Sun 8am-8pm

OhioHealth Urgent Care-Reynoldsburg  
2014 Baltimore-Reynoldsburg  
Reynoldsburg, Ohio 43068  
614-522-6900  
Mon-Sun 9am-7pm

AccessMD UrgentCare-Groveport  
3813 S. Hamilton Road  
Groveport, Ohio 43215  
614-835-0400  
Mon-Fri 8am-8pm Sat-Sun 9am-5pm

AccessMD Urgent Care-Stelzer Rd  
2880 Stelzer Road  
Columbus, Ohio 43219  
614-472-2880  
Mon-Fri 8:30am-7:30pm Sat-Sun 9am-5pm

**South**

WorkHealth Southwest  
4079 Gantz Road, Suite C  
Grove City, Ohio 43123  
614-566-9675  
Mon-Fri 7am -4pm

OhioHealth Urgent Care-Grove City  
2030 Stringtown Road  
Grove City, Ohio 43123  
614-883-0160  
Mon-Sun 9am-Midnight



### **West**

WorkHealth West  
4523 Cemetery Road  
Hilliard, Ohio 43026  
614-566-9675  
Mon-Fri 7am -4pm

AccessMD Urgent Care Clime Road  
4300 Clime Road  
Columbus, Ohio 43228  
614-272-1100  
Mon-Fri 8am -8pm Sat-Sun 9am -5pm

AccessMD Urgent Care Hilliard  
5677 Scioto Darby Road  
Hilliard, Ohio 43206  
614-921-0648  
Mon-Fri 8:30am-7:30pm Sat-Sun 9am-5pm

### **Delaware County**

OhioHealth Urgent Care-Lewis Care  
24 Hidden Ravines Drive  
Powell, Ohio 43065  
740-549-2700  
Mon-Sun 9am-7pm

Wedgewood Urgent Care  
10330 Sawmill Parkway  
Powell, Ohio 43065  
614-923-9200  
Mon-Fri 9am-9pm Sat-Sun 9am-6pm

WorkHealth Delaware  
801 OhioHealth Blvd.  
Delaware, Ohio 43015  
614-566-9675  
Mon-Fri 8am-4:30pm

AccessMD Urgent Care-Delaware  
1100 Sunbury Road #706  
Delaware, Ohio 43015  
740-363-3133  
Mon-Fri 9-7:30pm Sat-Sun 9am-5pm

Sunbury Urgent Care  
101 West Cherry Street Suite D  
Sunbury, Ohio 43074  
740-965-8305  
Mon-Fri 9am-9pm Sat-Sun 9am-6pm

### **Fairfield County**

Access Urgent Medical Care  
1797 Hill Road North  
Pickerington, Ohio 43147  
614-833-6002  
Mon-Sun 8am-8pm

### **Licking County**

Newark Valley Urgent Care  
1906 Tamarack Road  
Newark, Ohio 43055  
740-522-0222  
Mon-Fri 9am-9pm Sat-Sun 9am-6pm

### **Pickaway County**

PHS Occupational Health  
1434 Circleville Plaza  
Circleville, Ohio 43113  
740-420-7975  
Mon-Fri 8am-4:30pm

### **Union County**

Memorial Hospital Urgent Care  
1140 Charles Lane  
Marysville, Ohio 43040  
937-578-4310  
Mon-Fri 9am-9pm Sat-Sun 9am-6pm